

TAYLORED PICKLEBALL ACADEMY

PICKLEBALL

4 Week Program

STARTS

APRIL 10

APRIL 17, 24 & MAY 8
(SKIP WEEK MAY 1)

**TRUE NORTH COURTS
LONDON**

3392 WONDERLAND RD. S.



**TPA Lead Instructor
NCCP Level 2 Certified**
Scott Mikalchki

ADVANCED BEGINNER: LEVEL UP

2PM - 3:30PM / SKILL LEVEL: ADV. BEGINNER/EARLY INTERMEDIATE/ \$150PP

ARE YOU READY TO MOVE TO THE NEXT LEVEL? THIS 4-WEEK PROGRAM IS MEANT FOR PLAYERS WHO ARE LOOKING TO IMPROVE THEIR GAME THROUGH REPETITION AND REINFORCEMENT OF TECHNIQUES, SKILLS AND STRATEGIES VIA A VARIETY OF DRILLS AND DRILL-BASED GAMES. PLAYERS SHOULD HAVE A VERY SOLID GRASP OF THE GAME AND ARE FOCUSED ON IMPROVING THEIR QUALITY OF SHOTS, THE STRATEGY OF PLACEMENT, THE IMPORTANCE OF PACE AND THEIR COURT MOVEMENT..

THE BIG 4: INTERMEDIATE

3:45PM - 5:15PM / SKILL LEVEL: INTERMEDIATE/ \$150PP

IN THIS 4-WEEK PROGRAM WE'LL FOCUS EACH WEEK ON ONE OF THE BIG 4 STROKES AND THE STRATEGIES THAT SURROUND THEM- DINKING (TECHNIQUE, MOVEMENT AND COMMUNICATION), 3RD SHOT DROPS & DRIVES AND TRANSITIONING UP TO THE NVZ, VOLLEYS (ROLL VOLLEYS, PUNCH VOLLEYS, AND BLOCK VOLLEYS) AND SERVE/RETURN (PURPOSE, POSITIONING, PLACEMENT, TECHNIQUE, STRATEGY). THIS PROGRAM IS FOR INTERMEDIATE PLAYERS WHO CAN CONSISTENTLY HIT THESE SHOTS BUT ARE LOOKING TO REFINE THEIR TECHNIQUES WITH SKILL AND STRATEGY FOCUSED DRILLS FOLLOWED BY MENTORED GAME PLAY REINFORCING EACH SKILL AND STRATEGY.

TRAINING FOR LASTING SUCCESS - INTERMEDIATE+

5:30PM - 7PM / SKILL LEVEL: INTERMEDIATE+/ \$150PP

THIS 4-WEEK PROGRAM IS DESIGNED FOR 3.5+ LEVEL PLAYERS WHO ARE LOOKING TO TAKE THEIR GAME TO THE NEXT LEVEL. WE'LL EVALUATE YOUR CURRENT SKILL SET AND BUILD UPON YOUR CURRENT STRENGTHS AND THEN FOCUS ON YOUR AREAS OF IMPROVEMENT. PARTICULAR FOCUS ON COURT POSITIONING, OFFENSIVE STRATEGIES AND TURNING DEFENSE INTO OFFENSE. YOU'LL LEAVE WITH THE KNOWLEDGE OF HOW TO CONTINUE YOUR TRAINING TO GET TO YOUR NEXT LEVEL.

WWW.TAYLOREDPICKLEBALLACADEMY.CA/WEEKLY-PROGRAMS